
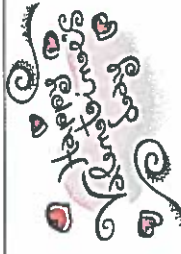





MENU FOR THE MONTH FEBRUARY 2019

LAS VEGAS (505)425-9139 - PECOS (505)757-3000 – SAN MIGUEL (505)421-9570

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8 OZ. MILK IS SERVED WITH ALL MEALS DAILY 				1 MENU 505 CHILE DOG 4 oz. TATER TOTS 4 oz. CORN CORN CHIPS 4 oz. YOGURT
4 MENU 508 4 oz. GREEN CHILE PORK STEW 4 oz. MEXICORN 4 oz. SPINACH TORTILLA 1 CUPCAKE	5 MENU 429 4 oz. TURKEY w/BROWN GRAVY 4 oz. MASHED POTATOES 4 oz. BROCCOLI DINNER ROLL 4 oz. BAKED APPLE CRISP	6 MENU 144 GREEN CHILE CHEESE BURGER w/ LETTUCE & TOMATO 4 oz. BAKED BEANS 4 oz. PEAS & CARROTS 4 oz. ORANGE	7 MENU 505 6 oz. FRITO PIE w/ LETTUCE, TOMATO & ONION 4 oz. CALABACITAS 4 oz. SPANISH RICE 4 oz. JELLO	8 MENU 517 CHICKEN SALAD (CELERY, ONION, LETTUCE, TOMATO) w/6 CRACKERS, PICKLE SLICES 1 BAG CHIPS 4 oz. DICED PEACHES
11 MENU H33 3 oz. BAKED HAM 4 oz. STUFFING 4 oz. GREEN PEAS DINNER ROLL 4 oz. DICED PEARS	12 MENU 109 6 oz. BEEF STEW (w/potatoes, carrots, peas, celery) 4 oz. BEETS 4 CRACKERS 1 APPLE	13 MENU 146 3 oz. BAKED CHICKEN 4 oz. MASHED POTATOES w/GRAVY 4 oz. BRUSSEL SPROUTS 1 DINNER ROLL 4 oz. YOGURT	14 MENU 508a 8 oz. POSELE w/DICED PORK 2 oz. RED CHILE 4 oz. SPINACH 1 TORTILLA 4 oz. VANILLA PUDDING	15 MENU 146 4 oz. SLOPPY JOE ON BUN 4 oz. CORN 4 oz. GREEN BEANS 4 oz. BAKED APPLE CRISP
18 MENU 430 WE WILL BE CLOSED IN OBSERVANCE OF PRESIDENTS DAY 	19 MENU 124 3 oz. PULLED PORK BBQ SANDWICH ON BUN 4 oz. TATER TOTS 4 oz. MIXED VEGETABLES	20 MENU 146 6 oz. CHICKEN ADOVADA 4 oz. BEANS 4 oz. SEASONED SPINACH FLOUR TORTILLA 4 oz. SWEET RICE	21 MENU 33 6 oz. SPAGHETTI w/MEAT SAUCE 4 oz. GREEN BEANS 4 oz. SALAD 1 DINNER ROLL 4 oz. PUDDING	22 Taken fr: Torrence County Menu November 2013 GRILLED CHEESE SANDWICH 8 oz. VEGETABLE SOUP 4 CRACKERS 4oz. YOGURT
25 MENU 122 3 oz. CHICKEN FRIED STEAK WHITE GRAVY 4 oz. MASHED POTATOES 4 oz. PEAS DINNER ROLL CUPCAKE	26 MENU 501 SMOTHERED RED CHILE BURRITO (1 oz. ea. beef, 1 oz. beans 1 oz. cheese) 1 FLOUR TORTILLA 4 oz. LETTUCE/TOMATO GARNISH 4 oz. SPANISH RICE 4 oz. PEACH COBBLER	27 MENU 194 3 oz. CHICKEN PARMESAN CASSEROLE 4 oz. ITALIAN BLEND VEGETABLES 4 oz. GREEN BEAN DINNER ROLL YOGURT	28 MENU 190 3 oz. PIZZA (Sausage) 4 oz. GARDEN SALAD 4 oz. CORN 4 oz. FRUIT COBBLER	DUE TO UNFORSEEN CIRCUMSTANCE MENU IS SUBJECT TO CHANGE





Breakfast 830am – 10 am Lunch is at 11 am – 1230 pm Monday through Friday

Senior Meal Suggestion Donation: Breakfast \$1.00 – Lunch \$1.50

Non-Senior (59 years or younger) Mandatory Meal Fee: Breakfast \$7.69 – Lunch \$7.69

MENU FOR THE MONTH OF FEBRUARY 2019

LAS VEGAS (505)425-9139 PECOS (505)757-3000 SAN MIGUEL (505)421-9570

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MILK SERVED WITH EVERY MEAL	DUE TO UNFORSEEN CIRCUMSTANCES MENU IS SUBJECT TO CHANGE			
4	5	6	7	8
POTATO & EGG BURRITO W/CHEESE 4 OZ. SALSA	1 CUP OATMEAL ½ BAGEL W/ 2T CREAM CHEESE	SAUSAGE BURRITO (1 OZ SAUSAGE, 1 EGG ON TORTILLA) 4 OZ SALSA	2 oz. PEANUT BUTTER 1 TSP JELLY ON ½ SLICE TOAST 4 OZ CEREAL	2 PANCAKES & SAUSAGE 4 OZ YOGURT 1 ORANGE
11	12	13	14	15
1 SCRAMBLED EGG 1 OZ CHEESE 1 SLICE BACON 1 ½ TORTILLA	BAGEL 2 OZ CHEESE 6 OZ CEREAL	1 HARD BOILED EGG CHEESE STICK ½ ENGLISH MUFFIN 1 TSP JELLY	SCRAMBLED EGG W/CHEESE RED CHILE POTATO ½ TORTILLA MARGARINE	CREAM OF WHEAT ENGLISH MUFFIN W/ 2T PEANUT BUTTER
18	19	20	21	22
WE WILL BE CLOSED IN OBSERVANCE OF PRESIDENTS DAY 	SAUSAGE, SALSA HASHBROWNS TOAST JELLY	BURRITO W/BACON, EGG, CHEESE ON TORTILLA	SCRAMBLED EGG CHEESE, RED CHILE POTATO ½ TORTILLA MARGARINE	2 PANCAKES & SAUSAGE 4 OZ YOGURT 1 ORANGE
25	26	27		
3 OZ SCRAMBLED EGG 1 BISCUIT 4 OZ YOGURT 2T PEANUT BUTTER	HAM & CHEESE BISCUIT YOGURT	SCRAMBLED EGG W/ 4 OZ POTATOES SPRINKLED W/ CHEESE ½ TORTILLA	6 OZ OATMEAL 2 OZ DICED HAM ½ ENGLISH MUFFIN	

Breakfast 8:30am - 10 am




Lunch 11: am - 12:30 pm

Monday through Friday

Senior Meal Suggested Donation: Breakfast \$1.00 - Lunch \$1.50

Non-Senior (59 years or younger) Mandatory Meal Fee: Breakfast \$7.69 - Lunch \$7.69

FEBRUARY 2019 - LAS VEGAS ACTIVITIES CALENDAR · DAILY ACTIVITIES INCLUDE POOL, BINGO AND CARDS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>FREE - TAI CHI CLASSES OFFERED TO SENIORS 60 AND OLDER</p> <p>DONATIONS ARE ACCEPTED</p> <p>TJQMBB - TAI JI QUAN: MOVING FOR BETTER BALANCE</p> <p>TCA - TAI CHI FOR ARTHRITIS AND FALL PREVENTION</p> <p>MOB - MATTER OF BALANCE</p> <p>JOHN ARNOLD, CERTIFIED INSTRUCTOR</p>	<p>1</p> <ul style="list-style-type: none"> •12:30 BINGO-RM 1 •12:45 BRIDGE GRP-RM 2 •1:00-3:00 SHOPPING & ERRANDS WITHIN LAS VEGAS 	<p>7</p> <ul style="list-style-type: none"> •9:00 LUNA HAIRCUTS - TRANSPORTATION FREE •9:30 TCA-DINING RM •12:30 BINGO-RM 1 •1:30 TCA-DINING RM 	<p>8</p> <ul style="list-style-type: none"> •12:30 BINGO-RM 1 •12:45 BRIDGE GRP-RM 2 •1:00-3:00 SHOPPING & ERRANDS WITHIN LAS VEGAS
<p>4</p> <ul style="list-style-type: none"> •9:30 TJQMBB-ADVANCED CLASS •11:30-1:30 MOB-RM 3 •12:30 BINGO-RM 1 •1:00 CANASTA 	<p>5</p> <ul style="list-style-type: none"> •9:30 TCA-DINING RM •11:00 MASS-FATHER SALAZAR-RM 3 •12:30 BINGO-RM 1 •1:30 TCA-DINING RM 	<p>6</p> <ul style="list-style-type: none"> •9:30 TJQMBB-ADVANCED CLASS •10:00 VICTORY HOME HEALTH - BOOTH •11:30-1:30 MOB-RM 3 •1:00 LADIES SEWING CLUB-RM 1 	<p>14 HAPPY VALENTINES</p> <ul style="list-style-type: none"> •9:00 CANE SELFDEFENSE-RM 1 •9:30 TCA-DINING RM •12:30 BINGO-RM 1 •1:00-3:00 SWEETHEART DANCE - CROWN KING AND QUEEN 	<p>15</p> <ul style="list-style-type: none"> •12:30 BINGO-RM 1 •12:45 BRIDGE-GRP-RM 2 •1:00-3:00 SHOPPING & ERRANDS WITHIN LAS VEGAS
<p>11</p> <ul style="list-style-type: none"> •9:30 TJQMBB-ADVANCED CLASS •11:30-1:30 MOB-RM 3 •12:30 BINGO-RM 1 •1:00 CANASTA 	<p>12</p> <ul style="list-style-type: none"> •9:30 TCA-DINING RM •12:00 SAN MIGUEL EXTENSION COUNCIL & CLUB •12:30 BINGO-RM 1 •1:30 TCA-DINING RM 	<p>13</p> <ul style="list-style-type: none"> •9:30 TJQMBB-ADVANCED CLASS •11:30-1:30 MOB-RM 3 •1:00 LADIES SEWING CLUB-RM 1 	<p>21</p> <ul style="list-style-type: none"> •9:00 - AARP TAX AIDE BY APPOINTMENT •9:00 LUNA HAIRCUTS - TRANSPORTATION FREE •9:30 CHRISTUS HEALTH PLAN BOOTH •9:30 TCA-DINING RM •12:30 BINGO-RM 1 •1:30 TCA-DINING RM 	<p>22</p> <ul style="list-style-type: none"> •8:30 SENIOR DAY AT THE LEGISLATURE - SANTA FE TRIP •12:30 BINGO-RM 1 •12:45 BRIDGE GRP-RM 2 •1:00-3:00 SHOPPING & ERRANDS WITHIN LAS VEGAS
<p>18</p> <ul style="list-style-type: none"> •9:30 TJQMBB-ADVANCED CLASS •11:30-1:30 MOB-RM 3 •12:30 BINGO-RM 1 •1:00 CANASTA 	<p>19</p> <ul style="list-style-type: none"> •9:30 TCA-DINING RM •11:00 MASS-FATHER SALAZAR-RM 3 •12:30 BINGO-RM 1 •1:30 TCA-DINING RM 	<p>20</p> <ul style="list-style-type: none"> •8:00 DRIVERS SAFETY CLASS-M. SPIVEY-RM 1 •9:30 TJQMBB-ADVANCED CLASS •11:30-1:30 MOB-RM 3 •1:00 LADIES SEWING CLUB-RM 1 	<p>28</p> <ul style="list-style-type: none"> •9:00 - AARP TAX AIDE BY APPOINTMENT •9:00 LUNA HAIRCUTS - TRANSPORTATION FREE •9:30 TCA-DINING RM •12:30 BINGO-RM 1 •1:30 TCA-DINING RM 	<p>25</p> <ul style="list-style-type: none"> •9:30 TJQMBB-ADVANCED CLASS •11:30-1:30 MOB-RM 3 •12:30 BINGO-RM 1 •1:00 CANASTA
<p>25</p> <ul style="list-style-type: none"> •9:30 TJQMBB-ADVANCED CLASS •11:30-1:30 MOB-RM 3 •12:30 BINGO-RM 1 •1:00 CANASTA 	<p>26</p> <ul style="list-style-type: none"> •9:30 TCA-DINING RM •12:30 BINGO-RM 1 •12:45 BRIDGE GROUP - ROOM 2 •1:30 TCA-DINING RM 	<p>27</p> <ul style="list-style-type: none"> •8:30 SANTA FE SHOPPING TRIP - \$5 FEE •9:30 TJQMBB-ADVANCED CLASS •11:30-1:30 MOB-RM 3 •1:00 LADIES SEWING CLUB-RM 1 	<p>28</p> <ul style="list-style-type: none"> •9:00 - AARP TAX AIDE BY APPOINTMENT •9:00 LUNA HAIRCUTS - TRANSPORTATION FREE •9:30 TCA-DINING RM •12:30 BINGO-RM 1 •1:30 TCA-DINING RM 	

ACTIVITY TRANSPORTATION REQUIRES A \$5 FEE BEGINNING JULY 1, 2018. TRANSPORTATION TO/FROM CENTER IS FREE. PLEASE CALL THE Las Vegas Center AT (505)425-9139. ALL TRANSPORTATION EVENTS ARE SUBJECT TO CHANGE DUE TO INCLEMENT WEATHER