

MENU FOR THE MONTH AUGUST 2017 LAS VEGAS (505)425-9139 PECOS (505)757-3000

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 MENU 128	2 MENU 425	3 MENU 501	4 MENU SL5
DUE TO UNFORSEEN CIRCUMSTANCES MENU IS SUBJECT TO CHANGE	3 OZ PHILLY STEAK & CHEESE SANDWICH 4 OZ BAKED FRENCH FRIES 4 OZ BROCCOLI 4 OZ DICED CANTELOUPE	6 OZ SPAGHETTI & MEAT SAUCE 6 OZ GREEN BEANS SLICE OF GARLIC BREAD 4 OZ APPLESAUCE	GREEN CHILE CHICKEN ENCHILADAS (2 oz. Chicken, 2T Green Chile, Corn Tortilla) 4 oz. SPINACH 4 oz. SPANISH RICE 4 oz. LEMON PUDDING	4 OZ HAM & CHEESE WRAP W/ LETTUCE & TOMATO 4 OZ MACARONI SALAD 4 OZ RED BEETS 1 APPLE
7 MENU 116	8 MENU 33	9 MENU SL 7	10 MENU M-EU-424-A-SC	11 MENU 505
5 OZ LASAGNA 4 OZ GARDEN SALAD 4 OZ MIXED VEGETABLES FRENCH BREAD 4 OZ YOGURT	RED CHILE SMOTHERED BEEF & BEAN BURRITO 4 OZ. SPINACH 4 OZ. JELLO W/ FRUIT	CHICKEN SALAD SANDWICH 4 OZ MACARONI SALAD POTATO CHIPS 4 OZ APPLESAUCE	3 OZ LIVER & ONIONS 4 OZ AUGRATIN POTATOES W/W ROLL 4 OZ SLICED CUCUMBERS 4 oz. DICE PEACHES	CHILE DOG 4 OZ. TATER TOTS 4 OZ. COLE SLAW 1 PICKLE SPEAR 4 OZ. YOGURT
14 MENU 144	15 MENU 120	16 MENU 508a	19 MENU 320	20 MENU 414
GREEN CHILE CHEESE BURGER 4 OZ PORK & BEANS 4 OZ PEAS & CARROTS 4 OZ. DICED CANTALOUPE	CHICKEN FRIED STEAK MASHED POTATOES W/ 2 OZ BROWN GRAVY 4 OZ BRUSSELL SPROUTS SLICE W/W BREAD CUPCAKE	8 OZ POSOLE W/ PORK 4 OZ SPINACH 8 OZ TOSSED SALAD TORTILLA COOKIE	3 OZ GRILLED PORK CHOP 4 OZ MASHED POTATOES GRAVY 4 OZ BUTTERED PEAS DINNER ROLL 4 OZ APPLESAUCE	TUNA SALAD SANDWICH 4 OZ. CUCUMBER/TOMATO SALAD 4 OZ. HONEYDEW MELON 4 OZ. SUGARFREE LEMON PUDDING
21 MENU 148	22 MENU 33	23 MENU 504	24 MENU NM 188	25 MENU 511
BEEF TIPS OVER NOODLES 4 OZ STEAMED CAULIFLOWER 4 OZ STEAMED CARROTS W/W ROLL 4 OZ FRUIT COCKTAIL	3 OZ BAKED HAM 4 OZ YAMS 4 OZ GREEN BEANS DINNER ROLL 4 OZ. YOGURT	CHICKEN FAJITAS (2oz chicken, 2oz bell pepper,) 2T SALSA – 4 OZ SPANISH RICE 1 W/W TORTILLA 4 OZ COTTAGE CHEESE W/ PEACHES	BEEF & CHEESE ENCHILADA W/ RED CHILE 4 OZ PINTO BEANS 4 OZ SPINACH 4 OZ VANILLA PUDDING	CHEF SALAD (3oz turkey & egg, 2 oz cheese, 4 oz tomato, cucumber & shredded carrot mix) 4 oz TOMATO SOUP 6 CRACKERS 4 OZ DICED FRUIT
28 MENU 162	29 MENU 220	30 MENU 146	31 MENU 119	
4 OZ PEPPER STEAK (3oz beef, 1 oz peppers) 4 OZ STEAMED RICE CARROT RAISIN SALAD DINNER ROLL 1 ORANGE	3 OZ BBQ CHICKEN 4 OZ SCALLOPED POTATOES 4 OZ MIXED VEGETABLES 4 OZ COLESLAW W/ PINEAPPLE DINNER ROLL 4 OZ. PUDDING	3 OZ CARNE ADOVADA 4 OZ BEANS 4 OZ SEASONED SPINACH FLOUR TORTILLA 4 OZ DICED PEACHES	3 OZ CHICKEN STRIPS WHITE CREAM GRAVY 4 OZ MASHED POTATOES 4 OZ BLEND VEGETABLES DINNER ROLL 4 OZ. YOGURT	MILK SERVED WITH EVERY MEAL

Breakfast 8am – 10 am


Lunch 11 am – 1 pm

Monday through Friday

Senior Meal Suggested Donation: Breakfast \$1.00 – Lunch \$1.50

Non-Senior (59 years or younger) Mandatory Meal Fee: Breakfast \$9.41 – Lunch \$9.41

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
MILK SERVED WITH EVERY MEAL	POTATO & EGG BURRITO W/ CHEESE 4 OZ JUICE SALSA	1 SCRAMBLED EGG 1 OZ CHEESE 1 SLICE BACON 1 ½ TORTILLA	6 OZ OATMEAL 2 OZ DICED HAM ½ ENGLISH MUFFIN	SAUSAGE BURRITO (1 OZ SAUSAGE, 1 EGG ON TORTILLA) 4 OZ SALSA
7	8	9	10	11
EGG & CHEESE BURRITO (1 OZ CHEESE, 1 EGG, 2 OZ GREEN CHILE, 2 OZ DICED ONION ON FLOUR TORTILLA)	1 CUP CEREAL ½ BAGEL W/ 2T CREAM CHEESE	1 HARD BOILED EGG 1 OZ CHEESE ½ ENGLISH MUFFIN 1 TSP JELLY	2 PANCAKES 4 OZ YOGURT 1 ORANGE	2 HARD BOILED EGGS 4 OZ JUICE 2 OZ BLUEBERRY MUFFIN 1 TSP MARGARINE
14	15	16	17	18
1 SCRAMBLED EGG 1 OZ CHEESE 1 SLICE BACON 1 ½ TORTILLA	2 PANCAKES 4 OZ YOGURT 1 ORANGE	1 HARD BOILED EGG CHEESE STICK ½ ENGLISH MUFFIN 1 TSP JELLY	2 OZ COTTAGE CHEESE 1 ½ SLICES OF TOAST 1 TSP JELLY JUICE	HAM & CHEESE BISCUIT
21	22	23	24	25
3 OZ SCRAMBLED EGG 1 CROISSANT 4 OZ YOGURT 2T PEANUT BUTTER	1 CUP CEREAL ½ ENGLISH MUFFIN W/ 2T PEANUT BUTTER	BACON BURRITO W/ EGG, BACON & CHEESE ON TORTILLA	6 OZ OATMEAL 2 OZ DICED HAM ½ ENGLISH MUFFIN	2 PANCAKES 4 OZ YOGURT 1 ORANGE
28	29	30	31	
SCRAMBLED EGG W/ 4 OZ POTATOES SPRINKLED W/ CHEESE ½ ENGLISH MUFFIN	COLD CEREAL ENGLISH MUFFIN W/ 2T PEANUT BUTTER	2 BOILED EGGS 1 ORANGE 4 OZ YOGURT BRAN MUFFIN	1 CUP RAISIN BRAN ½ ENGLISH MUFFIN W/ 2 T PEANUT BUTTER	LAS VEGAS BREAKFAST MENU 

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