

## MENU FOR THE MONTH AUGUST 2018

**LAS VEGAS (505)425-9139**

**PECOS (505)757-3000 SAN MIGUEL (505)421-9570**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b>	<b>2</b>	<b>3</b>
		<b>MENU 505</b>	<b>MENU 501</b>	<b>MENU 302</b>
<b>DUE TO UNFORSEEN CIRCUMSTANCES MENU IS SUBJECT TO CHANGE</b>	<b>MILK SERVED WITH EVERY MEAL</b>	FRITO PIE (2 oz. ea. beef & beans; 1 oz. Chile & cheese) w/lettuce, tomato, onion 4 oz. SEASONED SPINACH 4 oz. DICED PEACHES	GREEN CHILE CHICKEN ENCHILADAS (2 oz. Chicken, 2T Green Chile, 1 Corn Tortilla) 4 oz. CORN 4 oz. SPANISH RICE 4 oz. SWEET RICE	4 OZ TURKEY & CHEESE WRAP W/ LETTUCE & TOMATO 4 OZ MACARONI SALAD 4 OZ RED BEETS 1 APPLE
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>MENU 116</b>	<b>MENU 33</b>	<b>MENU 504</b>	<b>MENU 120</b>	<b>MENU 505</b>
5 oz. LASAGNA 4 oz. GREEN BEANS 4 oz. MIXED VEGETABLES GARLIC BREAD 4 OZ FRUIT COBBLER	RED CHILE SMOTHERED BEEF & BEAN BURRITO 4 oz. SPANISH RICE 4 oz. SPINACH 4 oz. JELLO W/ FRUIT	SOFT CHICKEN TACOS (2 oz. chicken, 1 oz. Cheese, flour tortilla) 2T SALSA 4 oz. MEXICORN 4 oz. BEANS 4 oz. COTTAGE CHEESE W/DICED PEACHES	CHICKEN FRIED STEAK W/ WHITE GRAVY 4 OZ AUGRATIN POTATOES 4 OZ BRUSSELL SPROUTS SLICE W/W BREAD CUPCAKE	CHILE DOG 4 OZ. TATER TOTS 4 OZ. PASTA SALAD CORN CHIPS 4 oz. YOGURT
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
<b>MENU 144</b>	<b>MENU 425</b>	<b>MENU 508a</b>	<b>MENU 320</b>	<b>MENU 414</b>
GREEN CHILE CHEESE BURGER 4 OZ PORK & BEANS POTATO CHIPS 1 CUP LIME SHERBET	6 oz. SPAGHETTI & MEAT SAUCE 6 oz. STEAMED BROCCOLI GARLIC BREAD STICK 4 oz. APPLESAUCE	8 oz. POSOLE W/ PORK 4 oz. SPINACH 4 oz. BEETS TORTILLA COOKIE	3 oz. GRILLED PORK CHOP 4 oz. MASHED POTATOES 2 oz. GRAVY 4 oz. BUTTERED PEAS W/PIMIENTOS BISCUIT 4 oz. FRUIT COBBLER	TUNA SALAD SANDWICH 4 oz. CARROT STICKS 4 oz. PICKLE SPEARS 4 OZ SUGARFREE LEMON PUDDING
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b>MENU 148</b>	<b>MENU 33</b>	<b>MENU</b>	<b>MENU NM 188</b>	<b>MENU 425</b>
BEEF TIPS OVER NOODLES 4 oz. STEAMED CAULIFLOWER 4 oz. STEAMED BROCCOLI DINNER ROLL 4 oz. FRUIT COCKTAIL	3 oz. BAKED HAM 4 oz. MASHED POTATOS & GRAVY 4 oz. GREEN BEANS DINNER ROLL 4 oz. YOGURT	CHICKEN FAJITAS (2oz chicken, 2oz bell pepper,) 2T SALSA 4 oz. PINTO BEANS 4 oz. SPANISH RICE 1 TORTILLA 4 oz. DICED PEACHES	BEEF & CHEESE ENCHILADA W/ RED CHILE 4 oz. SPINACH 4 oz. BEETS 4 oz. VANILLA PUDDING	SLOPPY JOE (3 oz. ground beef, 1 oz. bell pepper, onion & tomato sauce) on BUN 4 oz. TATER TOTS 4 oz. CORN 4 oz. CAKE
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
<b>MENU</b>	<b>MENU 220</b>	<b>MENU 146</b>	<b>MENU 135</b>	<b>MENU SL7</b>
4 oz. PEPPER STEAK (3oz beef, 1 oz peppers) 4 oz. STEAMED RICE 4 oz. CARROT RAISIN SALAD DINNER ROLL 1 APPLE	3 oz. BBQ CHICKEN 4 oz. BAKED BEANS 4 oz. POTATO SALAD DINNER ROLL 4 oz. FRUIT COBBLER	3 oz. CARNE ADOVADA 4 oz. BEANS 4 oz. SEASONED SPINACH FLOUR TORTILLA 4 oz. DICED PEACHES	4 oz. MEATLOAF 4 oz. MASHED POTATO w/GRAVY 4 oz. PEAS DINNER ROLL 1 ORANGE	CHICKEN SALAD SANDWICH 4 OZ MACARONI SALAD 4 OZ. PICKEL SPEARS 4 oz. YOGURT

**Breakfast 8:30am – 10 am**

**Lunch 11: am – 12:30 pm**


**Monday through Friday**

**Senior Meal Suggested Donation: Breakfast \$1.00 – Lunch \$1.50**

**Non-Senior (59 years or younger) Mandatory Meal Fee: Breakfast \$9.78 – Lunch \$9.78**

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
<b>MILK SERVED WITH EVERY MEAL</b>	<b>LAS VEGAS BREAKFAST MENU</b> 	1 SCRAMBLED EGG 1 OZ CHEESE 1 SLICE BACON 1 ½ TORTILLA	6 OZ OATMEAL 2 OZ DICED HAM ½ ENGLISH MUFFIN	<b>SAUSAGE BURRITO</b> (1 OZ SAUSAGE, 1 EGG ON TORTILLA) 4 OZ SALSA
6	7	8	9	10
<b>EGG &amp; CHEESE BURRITO</b> (1 OZ CHEESE, 1 EGG, 2 OZ GREEN CHILE, 2 OZ DICED ONION ON FLOUR TORTILLA)	1 CUP CREAM OF WHEAT ½ BAGEL W/ 2T CREAM CHEESE	1 HARD BOILED EGG 1 OZ CHEESE ½ ENGLISH MUFFIN 1 TSP JELLY	2 OZ, PEANUT BUTTER, 1 TSP JELLY ON ½ SLICE TOAST 4 OZ CEREAL	6 OZ OATMEAL 2 OZ DICED HAM ½ ENGLISH MUFFIN
13	14	15	16	17
1 SCRAMBLED EGG 1 OZ CHEESE 1 SLICE BACON 1 ½ TORTILLA	<b>SAUSAGE, SALSA HASHBROWNS TOAST JELLY</b>	6 OZ CREAM OF WHEAT 2 OZ DICED HAM ½ ENGLISH MUFFIN	2 OZ COTTAGE CHEESE 1 ½ SLICES OF TOAST 1 TSP JELLY	<b>HAM &amp; CHEESE BISCUIT</b>
20	21	22	23	24
6 OZ OATMEAL 2 OZ DICED HAM ½ ENGLISH MUFFIN	1 CUP CEREAL ½ ENGLISH MUFFIN W/ 2T PEANUT BUTTER	<b>BACON BURRITO W/ EGG, BACON &amp; CHEESE ON TORTILLA</b>	<b>SCRAMBLED EGG, CHEESE, RED CHILE POTATO</b>	2 PANCAKES 3 OZ SCRAMBLED EGGS 4 OZ YOGURT 1 ORANGE
27	28	29	30	31
<b>SCRAMBLED EGG W/ 4 OZ POTATOES SPRINKLED W/ CHEESE ½ ENGLISH MUFFIN</b>	6 OZ OATMEAL 2 OZ DICED HAM ½ ENGLISH MUFFIN	2 BOILED EGGS 1 ORANGE 4 OZ YOGURT BRAN MUFFIN	1 CUP RAISIN BRAN ½ ENGLISH MUFFIN W/ 2 T PEANUT BUTTER	6 OZ CREAM OF WHEAT 2 OZ DICED HAM ½ ENGLISH MUFFIN

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