


MENU FOR THE MONTH July 2018

LAS VEGAS (505)425-9139 PECOS (505)757-3000 SAN MIGUEL (575)421-9570

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|---|
| 2 MENU 128 | 3 MENU 141 | 4 | 5 MENU | 6 MENU |
| 3 OZ. BAKED HAM 4 OZ. STUFFING 4 OZ. GREEN BEANS DINNER ROLL 4 OZ. DICED PEARS | CHICKEN POT PIE 4 OZ TOMATO WEDGES 4 OZ SPINACH BISCUIT 4 OZ. PEACH COBBLER | HAPPY 4TH OF JULY WE WILL BE CLOSED IN OBSERVANCE OF THE 4TH OF JULY HOLIDAY HAVE A HAPPY & SAFE HOLIDAY | SALISBURY STEAK 4 OZ. MASHED POTATOES & 2 OZ. GRAVY 4 OZ. MIXED VEGETABLES DINNER ROLL 1 APPLE | COOK'S CHOICE |
| 9 MENU 190 | 10 MENU 405 | 11 MENU | 12 MENU | 13 MENU |
| 3 oz. PIZZA (Sausage) 4 oz. PEAS 4 oz. CORN 4 oz. FRUIT COBBLER | 3 OZ. BAKED SPICED FISH FILLETS 4 OZ WILD RICE 4 OZ BRUSSELL SPROUTS 1 CUPCAKE DINNER ROLL | 4 OZ PORK TIPS 4 OZ SWEET YAMS 4 OZ MEDITERRANEAN VEGETABLES DINNER ROLL 4 OZ FRUIT COCKTAIL | 3 OZ CHICKEN STRIPS 2 OZ WHITE CREAM GRAVY 4 OZ AUGRATIN POTATOES BISCUIT PINEAPPLE UPSIDEDOWN CAKE | RED CHILE SMOTHERED BEEF & BEAN BURRITO SPANISH RICE BEETS JELLO W/ FRUIT |
| 16 MENU 144 | 17 MENU 430 | 18 MENU 105 | 19 MENU 320 | 20 MENU 414 |
| GREEN CHILE CHEESE TORTILLA BURGER 4 OZ PORK & BEANS 4 OZ PEAS & CARROTS 8 OZ FRUIT IN SEASON | OPEN FACE TURKEY SANDWICH (3 oz TURKEY ON SLICE BREAD) 4 OZ MASHED POTATOES W/ GRAVY 4 OZ PEAS 4 OZ DICED PEARS | 3 OZ MEATLOAF 4 OZ AUGRATIN POTATOES 4 OZ MIXED VEGETABLES DINNER ROLL 4 OZ VANILLA ICE CREAM | 3 OZ CHICKEN FRIED STEAK 4 OZ MASHED POTATOES GRAVY 4 OZ BUTTERED PEAS W/PIMIENTOS BISCUIT 4 OZ. FRUIT COBBLER | TUNA SALAD SANDWICH 4 OZ WILD RICE 4 OZ BUTTERED GREEN BEANS ¾ CUP HONEYDEW MELON 4 OZ SUGARFREE LEMON PUDDING |
| 23 MENU 192 | 24 MENU 145 | 25 MENU 188 | 26 MENU 505 | 27 MENU 516 |
| SLOPPY JOE ON W/W BUN 8 OZ TOSSED SALAD 4 OZ GREEN BEANS 4 OZ ORANGE SHERBET | CHICKEN ALFREDO 8 OZ BRUSSEL SPROUTS SLICE GARLIC BREAD 4 OZ SLICED PEARS | BEEF & CHEESE ENCHILADA W/ RED CHILE 4 OZ PINTO BEANS 4 OZ SPANISH RICE 4 OZ VANILLA PUDDING | 3 OZ BBQ PULLED PORK ON WHOLE WHEAT ROLL 4 OZ PEAS & CARROTS 4 OZ SALAD W/ 2T DRESSING 1 ORANGE | HOT DOG ON BUN 4 OZ. SAUERKRAUT 4 OZ. BAKED BEANS CORN ON THE COB 4 OZ. YOGURT |
| 30 MENU 105 | 31 MENU 128 |  | DUE TO UNFORSEEN CIRCUMSTANCES MENU IS SUBJECT TO CHANGE | MILK SERVED WITH EVERY MEAL |
| 3 OZ OVEN FRIED CHICKEN 3 OZ COLE SLAW 4 OZ GREEN BEANS 4 OZ MASHED YAMS DINNER ROLL 1 APPLE | 3 OZ PHILLY STEAK & CHEESE SANDWICH 4 OZ FRENCH FRIES 4 OZ BROCCOLI 4 OZ CANTALOUPE | | | |

Breakfast 8am – 10 am

Lunch 11 am – 1 pm

Monday through Friday

Senior Meal Suggested Donation: Breakfast \$1.00 – Lunch \$1.50

Non-Senior (59 years or younger) Mandatory Meal Fee: Breakfast \$9.78 – Lunch \$9.78

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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|--|
| 2 | 3 | 4 | 5 | 6 |
| 2 BOILED EGGS 1 ORANGE 4 OZ YOGURT BRAN MUFFIN | POTATO & EGG BURRITO W/ CHEESE 4 OZ JUICE SALSA |  | 1 CUP RAISIN BRAN 4 OZ. APPLE JUICE ½ ENGLISH MUFFIN W/ 2 T PEANUT BUTTER | SAUSAGE BURRITO (1 OZ SAUSAGE, 1 EGG ON TORTILLA) 4 OZ SALSA |
| 9 | 10 | 11 | 12 | 13 |
| EGG & CHEESE BURRITO (1 OZ CHEESE, 1 EGG, 2 OZ GREEN CHILE, 2 OZ DICED ONION ON FLOUR TORTILLA) | 1 CUP CEREAL 4 OZ JUICE ½ BAGEL W/ 2T CREAM CHEESE | 1 HARD BOILED EGG 1 OZ CHEESE ½ ENGLISH MUFFIN 1 TSP JELLY 4 OZ JUICE | 2 OZ, PEANUT BUTTER, 1 TSP JELLY ON ½ SLICE TOAST 4 OZ CEREAL | 2 HARD BOILED EGGS 4 OZ JUICE 2 OZ BLUEBERRY MUFFIN 1 TSP MARGARINE |
| 16 | 17 | 18 | 19 | 20 |
| 1 SCRAMBLED EGG 1 OZ CHEESE 1 SLICE BACON 6 OZ JUICE 1 ½ TORTILLA | BAGEL 2 OZ CHEESE 6 OZ JUICE 6 OZ CEREAL | 1 HARD BOILED EGG CHEESE STICK JUICE ½ ENGLISH MUFFIN 1 TSP JELLY | 2 OZ COTTAGE CHEESE 1 ½ SLICES OF TOAST 1 TSP JELLY JUICE | HAM & CHEESE BISCUIT |
| 23 | 24 | 25 | 26 | 27 |
| 3 OZ SCRAMBLED EGG 1 CROISSANT 4 OZ YOGURT 4 OZ APPLE JUICE 2T PEANUT BUTTER | 1 CUP CEREAL 4 OZ JUICE ½ ENGLISH MUFFIN W/ 2T PEANUT BUTTER | BACON BURRITO W/ EGG, BACON & CHEESE ON TORTILLA | 6 OZ OATMEAL 2 OZ DICED HAM ½ ENGLISH MUFFIN 6 OZ JUICE | 2 PANCAKES 3 OZ SCRAMBLED EGGS 4 OZ YOGURT 1 ORANGE |
| 30 | 31 | LAS VEGAS BREAKFAST MENU | | MILK SERVED WITH EVERY MEAL |
| SCRAMBLED EGG W/ 4 OZ POTATOES SPRINKLED W/ CHEESE ½ ENGLISH MUFFIN 4 OZ JUICE | COLD CEREAL 4 OZ JUICE ENGLISH MUFFIN W/ 2T PEANUT BUTTER |  | | |

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