




MENU FOR THE MONTH MARCH 2018 LAS VEGAS (505)425-9139 PECOS (505)757-3000

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	8 oz. 2% Milk Served with all Meals	DUE TO UNFORSEEN CIRCUMSTANCES MENU IS SUBJECT TO CHANGE	1 MENU 505 3 oz. BBQ Pulled Pork on Bun 4 oz. Baked Beans 4 oz. Corn 4 oz. Cake Square	2 MENU SL12 Tuna Salad Sandwich 4 oz. Tuna on WW Bread 4 oz. Cucumber Salad 1 oz. Chips 4 oz. Fruit Cocktail
5 MENU 430 Open Face Turkey Sandwich 3oz. Turkey, 2T Gravy, 1 Slice Bread 4 oz. Mixed Vegetables 4 oz. Broccoli w/Cheese 1 Muffin	6 MENU 504 Beef Fajitas (2 oz. beef, 2oz. peppers) 4 oz. Pinto Beans 2T Pico de Gallo 4 oz. Spanish Rice 1 Tortilla 4 oz. Cottage Cheese w/ Peaches	7 MENU 133 4 oz. Teriyaki Chicken 4 oz. Fried Rice 4 oz. Carrots & Peas 4 Crackers Peanut Butter Cookie	8 MENU 328 3 oz. Baked Pork Chop 4 oz. Mashed Potatoes 2 oz. Gravy 4 oz. Green Peas Biscuit 4 oz. Applesauce	9 MENU 33 6 oz. Bean & Cheese Burrito w/2oz. Red Chile Sauce 4 oz. Seasoned Spinach 4 oz. Applesauce
12 MENU 116 5 oz. Lasagna 4 oz. Broccoli 4 oz. Mixed Vegetable Dinner Roll 4 oz. Vanilla Ice Cream	13 MENU 138 8 oz. Chicken & Noodle Soup w/ Carrots & Celery 6 oz. Brussel Sprouts 6 Crackers Cup Cake	14 MENU NM 504 Chicken Fajitas (1 oz. Chicken, 2 oz. ea. Green Peppers, 1 oz. onion) 1 Flour Tortilla - 2T Salsa 4 oz. Spanish Rice 4 oz. Beans 1 Orange	15 MENU 112 Beef & Macaroni (3oz Ground Beef, 4 oz. Macaroni) 4 oz. Green Bean Salad 4 oz. Italian Vegetables 1 oz. Garlic Bread 4 oz. Diced Pears	16 Taken fr: Torrence County Menu November 2013 Grilled Cheese Sandwich 8 oz. Vegetable Soup 4 Crackers 4oz Yogurt
19 MENU 220 3 oz. Baked Chicken 4 oz. Mashed Potatoes 1 oz. Gravy 4 oz. Green Beans WW Roll 1 oz. margarine 4 oz. Yogurt	20 MENU 146 3 oz. Carne Adovada 4 oz. Pinto Beans 4 oz. Spinach 1 Flour Tortilla 4 oz. Strawberry Ice Cream Cup	21 MENU 107 3 oz. Salisbury Steak 4 oz. Mashed Potatoes 4 oz. Green Beans Dinner Roll w/ 1T margarine 4 oz. Peaches	22 MENU 162 4 oz. Pepper Steak (3 oz. Beef, 1 oz. Peppers) 4 oz. Steamed Rice 4 oz. Peas Dinner Roll 1 Apple	23 MENU 413 3 oz. Tuna Patty w/ 2 oz. Red Chile 4 oz. Seasoned Spinach 4 oz. Calabacitas Tortilla 4 oz. Sweet Rice w/Raisins
26 MENU 33 3 oz. Baked Ham 4 oz. Yams 4 oz. Green Beans Dinner Roll 4 oz. Lemon Pudding	27 MENU 144 Green Chile Cheeseburger(3 oz. beef, 2T green Chile, 1 oz. cheese) 4 oz. Pork & Beans 4 oz. Baked French Fries Cupcake	28 MENU 508a 6 oz. Posole w/ 3 oz. Cubed Beef Red Chile Sauce 4 oz. Calabacitas 1 Tortilla 4 oz. Jell-O	29 MENU NM211 6 oz. Beef Green Chile Chicken Enchiladas (2oz Chicken, 2T Green Chile, 1 Corn Tortilla) 4 oz. Calabacitas 4 Crackers 4 oz. Fruit Cocktail	30 Menu SL9 GOOD FRIDAY ½ DAY Fish Sandwich on Bun 2T Tartar sauce 4 oz. Steamed Carrots 4 oz. Applesauce

Breakfast 8am – 10 am



Lunch is at 11 am – 1 pm

Monday through Friday

Senior Meal Suggestion Donation: Breakfast \$1.00 – Lunch \$1.50

Non-Senior (59 years or younger) Mandatory Meal Fee: Breakfast \$9.78 – Lunch \$9.78

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
<p>MILK SERVED WITH EVERY MEAL</p> 	<p>DUE TO UNFORSEEN CIRCUMSTANCES MENU IS SUBJECT TO CHANGE</p>		<p>SAUSAGE BURRITO (1 OZ SAUSAGE, 1 EGG ON TORTILLA) 4 OZ SALSA</p>	<p>6 OZ OATMEAL 2 OZ DICED HAM ½ ENGLISH MUFFIN</p>
5	6	7	8	9
<p>POTATO & EGG BURRITO W/CHEESE 4 OZ. SALSA</p>	<p>MUFFIN 2 BOILED EGGS 1 ORANGE 4 OZ YOGURT</p>	<p>2 PANCAKES & SAUSAGE 4 OZ YOGURT 1 ORANGE</p>	<p>2 OZ, PEANUT BUTTER, 1 TSP JELLY ON ½ SLICE TOAST 4 OZ CEREAL</p>	<p>SCRAMBLED EGG CHEESE, RED CHILE POTATO MARGARINE</p>
12	13	14	15	16
<p>1 SCRAMBLED EGG 1 OZ CHEESE 1 SLICE BACON 1 ½ TORTILLA</p>	<p>BAGEL 2 OZ CHEESE 6 OZ CEREAL</p>	<p>1 HARD BOILED EGG CHEESE STICK ½ ENGLISH MUFFIN 1 TSP JELLY</p>	<p>HAM & CHEESE BISCUIT YOGURT</p>	<p>2 OZ COTTAGE CHEESE 1 ½ SLICES OF TOAST 1 TSP JELLY</p>
19	20	21	22	23
<p>3 OZ SCRAMBLED EGG 1 CROISSANT 4 OZ YOGURT 2T PEANUT BUTTER</p>	<p>1 CUP CEREAL ½ ENGLISH MUFFIN W/ 2T PEANUT BUTTER</p>	<p>BACON BURRITO W/ EGG, BACON & CHEESE ON TORTILLA</p>	<p>SAUSAGE, SALSA HASHBROWNS TOAST JELLY</p>	<p>2 PANCAKES & SAUSAGE 4 OZ YOGURT 1 ORANGE</p>
26	27	28	29	30
<p>SCRAMBLED EGG W/ 4 OZ POTATOES SPRINKLED W/ CHEESE ½ ENGLISH MUFFIN</p>	<p>COLD CEREAL ENGLISH MUFFIN W/ 2T PEANUT BUTTER</p>	<p>6 OZ OATMEAL 2 OZ DICED HAM ½ ENGLISH MUFFIN</p>	<p>POTATO & EGG BURRITO W/ CHEESE SALSA</p>	<p>1 CUP CEREAL ½ BAGEL W/ 2T CREAM CHEESE</p>

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