

MENU FOR THE MONTH SEPTEMBER 2018

LAS VEGAS (505)425-9139 PECOS (505)757-3000 SAN MIGUEL (575)421-9570

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|---|
| 3 | 4 MENU 430 | 5 MENU 508 | 6 MENU 144 | 7 |
| WE WILL BE CLOSED IN OBSERVANCE OF THE LABOR DAY HOLIDAY BE SAFE!!! | OPEN FACE TURKEY SANDWICH 4 OZ. MASHED POTATOES W/ GRAVY 4 OZ. PEAS 4 OZ. DICED PEARS | GREEN CHILE PORK STEW 4 OZ. MEXICORN SPINACH TORTILLA COOKIE | GREEN CHILE CHEESEBURGER 4 OZ. PORK & BEANS 4 OZ. PEAS & CARROTS 4 OZ. PUDDING | COOK'S CHOICE |
| 10 MENU 33 | 11 MENU | 12 MENU 128 | 13 MENU 508a | 14 MENU 414 |
| FRITO PII: (2 OZ. ea. beef & beans; 1 OZ. chile & cheese) 2 OZ. LETUCE & TOMATO GARNISH 4 OZ. SEASONED SPINACH 4 OZ. DICED PEACHES | CHICKEN FAJITAS (2 oz. chicken, 2 oz. peppers) 4 OZ. PINTO BEANS 4 OZ. SPANISH RICE 1 TORTILLA 2T PICO DE GALLO 4 OZ. YOGURT | PHILLY CHEESE STEAK on a HOAGIE ROLL 4 OZ. BAKED FRIES 4 OZ. GREEN PEAS 4 OZ. FRUIT COCKTAIL | 8 OZ. PORK POSELE 4 OZ. CALABACITAS 4 OZ. CORN FLOUR TORTILLA COOKIE | TUNA SALAD SANDWICH 4 OZ. CUCUMBER/TOMATO SALAD CHIPS 4 OZ. ICE CREAM CUP |
| 17 MENU 135 | 18 MENU 148 | 19 MENU 214 | 20 MENU 120 | 21 MENU 505 |
| 4 OZ. MEATLOAF 4 OZ. AU GRATIN POTATOES 4 OZ. ITALIAN BLEND VEGETABLES 1 ORANGE | 3 OZ. BEEF TIPS OVER 3 OZ. EGG NOODLES 4 OZ. STEAMED CAULIFLOWER 4 OZ. GREEN BEANS DINNER ROLL 4 OZ. FRUIT COCKTAIL | GREEN CHILE CHICKEN ENCHILADAS (2oz. Chicken, 2T Green Chile, 1 Corn Tortilla) 4 OZ. PINTO BEANS 4 OZ. SPANISH RICE COOKIE | 3 OZ. CHICKEN FRIED STEAK 4 OZ. MASHED POTATOES W/ 2T GRAVY 4 OZ. CALIFORNIA BLEND VEGETABLES DINNER ROLL 1 APPLE | CHILE DOG 4 OZ. TATER TOTS 4 OZ. CORN CORN CHIPS 4 OZ. YOGURT |
| 24 MENU 511 | 25 MENU | 26 MENU 220 | 27 MENU 146 | 28 MENU 425 |
| 3 OZ. SALISBURY STEAK 4 OZ. MASHED POTATOES 2 OZ. Gravy 4 OZ. MIXED GREEN VEGETABLES DINNER ROLL 1 OZ. FRUIT CRISP | BEEF & CHEESE ENCHILADA W/ RED CHILE 4 OZ. PINTO BEANS 4 OZ. SPANISH RICE 4 OZ. VANILLA PUDDING | 3 OZ. BAKED CHICKEN 4 OZ. PORK & BEANS 4 OZ. POTATO SALAD DINNER ROLL 4 OZ. DICED PEACHES | 3 OZ. CARNE ADOVADA 4 OZ. CORN 4 OZ. SEASONED SPINACH 1 FLOUR TORTILLA 4 OZ. PUDDING | 6 OZ. FIDEOS W/ MEAT SAUCE 6 OZ. CALIFORNIA BLEND VEGETABLES GARLIC BREAD 4 OZ. SHERBET |
| 8 oz. 2% Milk Served with all Meals |  | | | DUE TO UNFORSEEN CIRCUMSTANCE MENU IS SUBJECT TO CHANGE |

Breakfast 8:30am - 10 am


Lunch 11: am - 12:30 pm

Monday through Friday

Senior Meal Suggested Donation: Breakfast \$1.00 - Lunch \$1.50

Non-Senior (59 years or younger) Mandatory Meal Fee: Breakfast \$7.69 - Lunch \$7.69

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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|---|
| 3 | 4 | 5 | 6 | 7 |
| WE WILL BE CLOSED IN OBSERVANCE OF LABOR DAY | 6 OZ OATMEAL 2 OZ DICED HAM ½ TORTILLA | SCRAMBLED EGG, CHEESE, RED CHILE POTATO | 1 CUP CREAM OF WHEAT ½ BAGEL W/ 2T CREAM CHEESE | 2 PANCAKES & SAUSAGE 4 OZ YOGURT |
| 10 | 11 | 12 | 13 | 14 |
| POTATO & EGG BURRITO W/CHEESE 4 OZ. SALSA | 1 CUP CEREAL ½ BAGEL W/ 2T CREAM CHEESE | SAUSAGE BURRITO (1 OZ SAUSAGE, 1 EGG ON TORTILLA) 4 OZ SALSA | 6 OZ OATMEAL 2 OZ DICED HAM ½ SLICE TOAST | SCRAMBLED EGG CHEESE, RED CHILE POTATO MARGARINE |
| 17 | 18 | 19 | 20 | 21 |
| 1 SCRAMBLED EGG 1 OZ CHEESE 1 SLICE BACON 1 ½ TORTILLA | BAGEL 2 OZ CHEESE 6 OZ CEREAL | 1 HARD BOILED EGG CHEESE STICK ½ ENGLISH MUFFIN 1 TSP JELLY | SCRAMBLED EGG CHEESE, RED CHILE POTATO MARGARINE | COLD CEREAL ENGLISH MUFFIN W/ 2T PEANUT BUTTER |
| 24 | 25 | 26 | 27 | 28 |
| SCRAMBLED EGG W/ 4 CZ POTATOES SPRINKLED W/ CHEESE ½ TORTILLA | SAUSAGE, SALSA HASHBROWNS TOAST JELLY | BACON BURRITO W/ EGG, CHEESE ON TORTILLA | SCRAMBLED EGG CHEESE, RED CHILE POTATO MARGARINE | 2 PANCAKES & SAUSAGE 1 ORANGE |
| MILK SERVED WITH EVERY MEAL | | | DUE TO UNFORSEEN CIRCUMSTANCES MENU IS SUBJECT TO CHANGE |  |

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Lunch 11: am - 12:30 pm

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